



# Lesson Plan for the Umbrella Project Awards

**We want to provide educators/students with a lesson plan to use to help make it even easier to apply/nominate someone for The Umbrella Project Awards.**

Educators, feel free to use this resource however you see fit and adapt it to the grade level you teach. Some suggestions are:

- Younger students can use the **graphic organizer** only and include it as part of their application to The Umbrella Project Awards
- Use it all as a lesson on essay writing for older students
- Older students can use the **checklist rubric** to write an essay
- Educators can use the rubric for assessment
- Use all or parts of this lesson plan as you wish

## SOCIAL EMOTIONAL LEARNING GOALS:

Students will:

- express their feelings, and understand the feeling of others (identifying and managing emotions)
- build a sense of hope and the will to keep trying for their goals (having positive motivation)
- support healthy relationships and respect diversity (building relationships)
- build an understanding of their own identity and sense of belonging (deepening sense of self)
- support decision-making and problem solving (thinking critically and creatively)

## LEARNING GOALS:

Students will:









- Write a story about themselves or a school mate, identifying challenges and coping strategies
- Identify and create a story including an introduction, conclusion and body paragraphs
- Clearly communicate their ideas using full sentences/paragraphs

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Use the following GRAPHIC ORGANIZER to brainstorm your content:

<b>DRAW</b> Draw your thoughts here 	<b>WRITE</b> Write your thoughts in point form here 
<b>What is a challenge(s) you (or a peer) have had this year?</b> <i>(i.e. I have struggled with some of my friendships.)</i>	
<b>What are some coping strategies you have used to help?</b> <i>(i.e. I have worked on staying calm by taking deep breaths when I am frustrated)</i>	
<b>How could you help someone else who is going through something similar?</b>	
<b>What is something new that you have learned about yourself or this topic?</b>	
<b>What strategies will you use to help you face a similar challenge in the future?</b>	
<b>Is there anything else you want to say about this topic?</b>	

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## CHECKLIST RUBRIC (Younger Students)

Requirement	Description	Comments
<input type="checkbox"/> <b>Introduction</b>	I have chosen to write about one clear topic: myself, a peer or my school community.	
<input type="checkbox"/> <b>Body</b>	I have clearly stated how my subject (myself, a peer, or my school community) has dealt with a challenge.	
	I have listed 3-5 different coping strategies that my subject (myself, a peer, or my school community) has used to deal with the challenging situation.	
	For each strategy I have identified, I have included a supporting detail or example to back up my argument.	
<input type="checkbox"/> <b>Conclusion</b>	I have included a conclusion that restates my main topic.	

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## CHECKLIST RUBRIC (Older Students)

Requirement	Description	Comments
<input type="checkbox"/> Introduction	<ul style="list-style-type: none"> <li>- should tell the reader specifically what the topic is about</li> </ul>	
<input type="checkbox"/> First Body Paragraph	<ul style="list-style-type: none"> <li>- should present the strongest point of your essay</li> <li>- should transition to next paragraph</li> <li>- subsequent sentences should describe specific examples that relate to the point you are making in this paragraph.</li> </ul>	
<input type="checkbox"/> Second Body Paragraph	<ul style="list-style-type: none"> <li>- should present the second most compelling point</li> <li>- examples should be provided to support the main point of this paragraph</li> </ul>	
<input type="checkbox"/> Third Body Paragraph	<ul style="list-style-type: none"> <li>- should present a third most compelling point to support your topic</li> <li>- examples should be provided to support this third point</li> <li>- ending of this paragraph should make it obvious to the reader that this is the final major point</li> </ul>	
<input type="checkbox"/> Conclusion	<ul style="list-style-type: none"> <li>- the last paragraph should restate the main reason for your essay but not duplicate your opening</li> <li>- should summarize your three main points</li> <li>- the final sentence should be a clear signal that the essay has ended.</li> </ul>	

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